CANRA Part 2 | Course 13

BOTANICAL MEDICINE

Original teaching material based on uploaded notes, updated with evidence and high-priority patient-safety considerations. Compiled October 30, 2026.

For learners: these examples are not a clinical dosing guide. Treatment requires current product information, diagnosis, contraindication screening and applicable professional scope.

Formulation and Posology Worksheet

1. Working diagnosis and red flags
2. Choose clearly defined botanical actions and outcome
3. Confirm if a botanical adjunct is appropriate
4. Verify species, part, supplier and product standardization
5. Screen pregnancy, medications, organ function and allergy
6. Select form, route, units and product-specific reference dose
7. Calculate ratios; specify duration and total supply
8. Document informed consent, follow-up and stop rules

Formula arithmetic example

Ingredient A = 10 mL; Ingredient B = 20 mL; Ingredient C = 30 mL. Total = 60 mL. Percentages: 16.7%, 33.3%, and 50%. The proportions are mathematical examples only, not clinical doses.

Prescribing fields to record

Latin binomial | plant part | formulation | extraction ratio or standardization | manufacturer / NPN | amount | route | schedule | duration | warnings | monitoring | review date.